

NAEH Book Circle
Sunday, 31 July 2022
7:00 – 8:30 p.m. ET, via Zoom

Join us for the third gathering of the NAEH Book Circle to discuss: *Healing Ourselves: Biofield Science and the Future of Health* by Shamini Jain. This is our second session discussing the book. In June, we focused on Parts I and II. In July, we will focus on Part III, and on one of the main messages of the book, healing ourselves. Our discussion will start with 3 questions: What insights did you gain from reading the book? In what ways might we incorporate the information in this book into our EH understanding and practice? What did you think about the meditations Jain offers at the end of the book? As always, you are welcome to bring to the gathering your questions to discuss, as well.

As a heads up, in August, we will discuss the *Heal* documentary, featuring Deepak Chopra, Anita Moorjani, Marianne Williamson, Michael Beckwith, Bruce Lipton, and many others. I believe the *Heal* documentary is available from Prime video and Netflix. Additionally, it is available for purchase from healdocumentary.com

If you would like to suggest books for future Book Circle gatherings, please send me the authors/titles that are of interest to you at your earliest convenience. Also, please consider volunteering to draw the Angel Card and/or guide the opening meditation for these Book Circle gatherings. Thank you kindly.

Contact: Susan Linz radiant.heart.enterprises@gmail.com for the Zoom link, to offer suggestions for future books, and to volunteer to choose the Angel Card or guide the opening meditation for this or future gatherings. Thank you!

