

NAEH Book Circle  
Sunday, 28 May 2023  
\*\*\* **4:00 – 5:30 p.m. (ET)** \*\*\*  
Via Zoom

The NAEH Book Circle gathers (via Zoom) on the last Sunday of the month, from 4:00-5:30 p.m. (ET). The book selected for discussion in May is by Penney Peirce, *Frequency: The Power of Personal Vibration*, published by Atria Paperbacks (2011), with a foreword by Michael Bernard Beckwith. Each chapter contains at least one *Try This!* and ends with *Just to Re-Cap*, plus a *Home Frequency Message* designed to facilitate changing your personal vibration. Four meditations are available for free download.

Our discussion will start by focusing on how the material in this book might be used to further our understanding and practice of Esoteric Healing. As always, you are welcome to bring your questions and comments on other aspects of the book you found interesting or challenging.

Contact: Susan Linz [radiant.heart.enterprises@gmail.com](mailto:radiant.heart.enterprises@gmail.com) for the Zoom link, to offer suggestions for future books, and to volunteer to choose the Angel Card or guide the opening meditation for this or future gatherings. Thank you!

