



WORKSHOP

Raindrop Technique, where the healing power of essential oils merges harmoniously with gentle self-massage. Historically in Raindrop Technique, essential oils are applied to the spine by dropping them from a few inches above the back, the technique known as “rain dropping”. In this workshop we will be working on our own feet to learn this self-care technique as each drop of oil applied nurtures body and soul, fostering a deeper connection to inner peace while balancing the body’s energy systems. In this session you will learn the basics of working with the technique and oils, how to customize the Raindrop for your own needs while melting away tension and promoting inner balance. No experience is needed, essential oils and supplies provided.

BIO



Kathleen Hautala, a licensed massage therapist with 18 years of experience, has immersed herself in the world of essential oils for 30 years. Her profound connection to plants, their spirits and essences drives her passion for teaching Raindrop Technique. She delights in witnessing the radiant, relaxed faces of clients’ post-session and cherishes their healing stories and testimonials.

WORKSHOP

Soul Collage is an intuitive transformative, and personal journey pioneered by Seena Frost in the late 1980s, designed to facilitate communication with one's own soul. Once learned, this process empowers you to create a personalized deck of cards, each representing a unique aspect of your soul's journey. These cards serve as intuitive tools to navigate life's questions and embark on a journey of self-discovery. For me, Soul Collage has cleared mental clutter and deepened my self-awareness. My cards are always available to dialogue with, answer questions, and help me see the big picture of my life and relationships. Join this workshop to start your own Soul Collage journey, creating your first card and learning the process of deeper understanding.

BIO



Diane Baker brings over 30 years of expertise in personal growth, along with extensive experience in business management and training, and 14 years of teaching in the field of massage therapy. Since 2017, Diane began learning Esoteric Healing and has completed Level 4. Over the past decade, she has also gained extensive training and experience with Soul Collage, becoming a certified facilitator in 2018.

MEDITATION

Yoga Nidra has been coined “the yoga of sleep”. Experience deep relaxation as you are guided through the practice of Yoga Nidra from the privacy of your own room and bed. Journey to connect with intuition, clarity, peace and enjoy a night of deep restful sleep.

BIO



Jo Simpson is an energy healing facilitator and certified yoga teacher who brings years of practice and study to her Esoteric Healing sessions. Jo has developed her unique blend of energy healing to incorporate yoga, breath work, flower essences, Reiki, applied kinesiology and essential oils. NAEH Certified, 2022. Jo combines her skill and intuition to create a safe, warm space for her clients.

SOUND HEALING WITH GUIDED IMAGERY

Combining voice with mantras to enhance resonance and balance of the 7 major Chakras.

BIO



Constance McCloy has many years of experience in physical therapy and university teaching. A certified practitioner and accredited teacher of Esoteric Healing, she has enjoyed an active practice working with people and with animals since 2001. She has a long-time interest in meditation and experience with teaching classes in Esoteric Healing geared to support humans and the animal kingdom. Constance is currently studying Human Design, providing charts and related information to support her Esoteric Healing clients in exploring who they are. To contact Constance, email her at Constance.mccloy@gmail.com.

BIO



Anne Rutledge is a Massage therapist and Complimentary healing practitioner with over 25 years of experience. She is also a Reiki Master teacher and is currently studying the science of Sound Healing. Anne received her Esoteric Healing Certification in 2014 and continues to teach Reiki and practice Esoteric Healing at Creative Wellness in East Lansing, Michigan. She can be reached at anncrutledge@gmail.com.



Fran Oppenheimer RN, LMT, CPEH has been actively practicing the healing arts for the past thirty years. In addition to being a Registered Nurse and Licensed Massage Therapist, she has trained in Homeopathy, Esoteric Healing and is a 1998 graduate of the Inner Focus School of Advanced Energy Healing. In 2010 Fran completed a 2-year intensive training with Naisha Ahsian, co-author of *The Book of Stones*, to become certified as a Crystal Resonance Therapist. Fran has been actively studying and practicing Esoteric Healing since 1996 and is a professional member, Certified Practitioner of Esoteric Healing, and accredited teacher with the National Association for Esoteric Healing. Fran has found Esoteric Healing to be a natural extension of both her nursing work and body work practice, bringing the energetic into the physical and combining her skills in various modalities to assist her clients in finding balance and ease in an effective and helpful way.

COMMENTS ON THE LAW OF ENDEAVOUR

BIO



Chuck Pisa has been a long-time meditator and student of the Vedas and yogic philosophy since 1972. He began studying the Ageless Wisdom teachings in the 90's and was led to the teachings of the Esoteric Sciences through the teaching of Esoteric Healing in 2007. He holds a certification in Esoteric Healing (CPEH) through the National Association for Esoteric Healing and is member of the board of directors for the NAEH and serves on several committees.

He is an Ordained Minister in the Order of Melchizedek committed to teach and/or assist in healing Humanity as it emerges into the Aquarian Age. Chuck has an active Esoteric Healing and coaching practice where he combines Esoteric Healing, Human Design, astrology and functional medicine principles to help facilitate greater physical, emotional, mental and spiritual health for his clients. Chuck also teaches and explores the Ageless Wisdom Teachings, the Esoteric Philosophy through the Alice Bailey teachings, Esoteric Astrology, Human Design readings...facilitating both in-person and online discussion and deepening groups with the goal of offering support, connection, knowledge and wisdom toward a better understanding of oneself and others.