

Volume 14 - Issue #3
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Click to listen to the message from our NAEH President.

You may contact me with any questions, comments, or concerns.

Bonnie Dysinger, NAEH President | bonnie@bonniedysinger.com | 517-281-1706

*I look forward to hearing from you!
Angel Blessings, Bonnie*

Renew your NAEH Membership by October 22, 2024
to join us for another NAEH Member Only Event!



Dr. Briner's 2018 Conference Presentation of
"Solar Plexus - Pathway to the Heart"
Wednesday, October 23 from 7:00-8:30pm ET

Featured Article

Sharing Thoughts and Ideas with Our Community

The NAEH Retreat was Birthed!

By Diane Rolka, RN, CPEH



The first in-person NAEH Retreat was serendipitously scheduled for the Leo-Sirius weekend at Weber Retreat and Conference Center in Adrian, MI. The facility is located about 50 miles west of Detroit and is home to the Adrian Dominican Sisters. It's noted for a place to deepen spirituality, learn mindfulness meditation and walk their labyrinth.

The process of creating a retreat was generated during the Esoteric Astrology reading in the Fall of 2023 by Mary Connolly and the BOD chose to pursue the idea and have it follow the 2024 NAEH Conference sometime in the Fall of 2024. Circumstances swiftly coalesced around the late

summer of this year. A Retreat Planning Group morphed into the Retreat Committee. Several members of the BOD formed the beginning of the committee and several other NAEH members joined. We had many Zoom meetings all initiated by an Angel Card selection at the beginning followed by meditations. The Angel Cards always proved to be inspiring and directive.

The Retreat Committee has had no direct chairperson and has amazingly (in my eyes) fully functioned as a cohesive team (New World Order?) Several goals were achieved...in no particular order...

- Getting together in person...first time in five years since the 2019 NAEH Conference.
- An affordable, comfortable, nature-centered setting within an hour's drive of a major airport. Attendees from across the U.S.A.
- Some financial support in conjunction with the NAEH BOD.
- Creating an environment of community experience and cooperation with an overarching theme of *Unlimited Possibilities: Relax, Renew & Play*
- Developing the agenda/program to reflect personal growth and self care and some followup from the NAEH Conference.

I've made the comparison of this Retreat as a pregnancy of which I've done four times. Nine months ago was the conception/germination and, subsequently, myriad components manifested with energy, time and attention gave birth to the Retreat. Yes, there was much labor and, yes, the retreat was birthed. We celebrate with joy!

22 registrants came together for this beautiful and inspired NAEH gathering!!

Featured Article

Sharing Thoughts and Ideas with Our Community

Who was involved in making the first NAEH Retreat a success?

- Suzie Taylor-Hendges, our NAEH employee in communications operated with skill and timeliness with emailing and our spreadsheets creations.
- Constance McCloy guided the initial formation of email lists/survey/idea germination and moved on to other NAEH responsibilities.
- Kathleen Hautala facilitated many meetings, formatted our draft agendas, and presented a Raindrop Technique experience to the whole group utilizing her essential oils, experience and knowledge. She also focussed on fun with daily self-care swag bags on participant's doors & other touches too numerous to mention.
- Anne Rutledge partnered with Diane Rolka to organize food choices & needs/ordering/prepping/cleanup for the whole weekend. We had help and learned more about the trusting process.
- Diane Rolka visited the Weber Center twice during the planning process with Anne & Bonnie. She also led one of the labyrinth walks.
- Chuck Pisa served as our very willing Emcee as well as presenter on the Law of Group Endeavor/Leo-Sirius Group Work Experience talk.
- Carolyn Rose Frost did the bulk of organizing the Silent Auction and collected \$610 total in donations from the generosity of attendees and other NAEH supporters.
- Denise Dieg greeted attendees at registration and gathered information on attendee choices.
- Fran Oppenheimer, Constance McCloy, and Anne Rutledge led meditative Threshold Choir songs.
- Diane Baker shared a guided personal Soul Collage creation workshop experience.
- Meditation leaders included Mary Haering, Jo Simpson, Claire Hardsaw, Bonnie Dysinger and Cherie Netzloff.
- MaryAnne Walker assisted organizing volunteers and gathering magazines for the Soul Collage workshop.



The Power of the Word

By Theresa Berry

“So often unconscious use of such powerful magic causes unnecessary difficulties”

Have we lost the reverence for the strong delicate power of the word? Did we forget that words are a toolbox of their own? The word is a tool. Our words are tools! You can do surgery with your wand of words if you need to. (Joyce Meyer does it to me all the time, she is forever extracting something out of me). The Omnipresent Divine created us through the word and so we create as well.

When we first get a call or meet a client we are each met with words. I'm sure we as healers are very mindful of making our clients feel comfortable, safe and heard, it's a very integral part of our work. Through words they convey their needs, pain, and concerns. Sometimes they just need their words to be heard. Their words need to be heard. Listen closely. It has been my experience if you listen, they will tell you everything you need to know. Not only is the word used to inform and convey, but to instruct and to bring clarity and understanding.

Information “IN-form-a-tion”. Word gives direction to formlessness and form. Speaking to our clients we gather information and the session begins to come into form. The more they communicate the more we begin to understand. From that understanding, we find our direction. I believe we should extend this same principle back to the client by informing them. Through this work, I have found it highly effective and beneficial to use the word to educate my clients about the healing process. Connecting their mind and body through the word. This process fosters empowerment to both

healer and client bringing understanding to the experience creating shared wisdom. I believe this enables the client to participate at a deeper level, which they may or may not realize at the time. This self-realization can begin, if not already in place, to open new perspectives for them. The clients become familiar with the understanding of “the words” and communication of the healing process. They begin to use the words repeating them to others, their families or maybe their friends. They use the tools you have offered them to share and express themselves. This is yet another layer of the healing work that started with “the word” and moves outward. And what if they learn to heal by these words, and their lives begin to shift and they take responsibility for their own healing. Maybe their friends and families begin to change and grow, ring upon ring upon ring. This is esoteric work from the microcosm to the macrocosm. This is the use of the “alchemy of sound” through words, simply offering the possibility of changing something into something better. This is some serious soul business here. Look at the words we use to start a session when we align and attune; “In the Highest Will of the Soul”, 7 words that open a sacred healing chamber. We wield great power our reverence is commanded.

The impact of the thought that one good word could reach so far and wide should be on top of the toolbox for us all. This could be my healing words or your good healing words that you speak to your client or friends, virtually everyone.

I am passing this along in hopes that we may all use the power of these magic words and pass it on.



From the Archives

Enjoy This Selection From the Lifestream Journal Archives

You may wish to offer your clients a copy of, The Great Invocation, they may never have had the opportunity of being introduced to it. In Esoteric Psychology II pg. 45, Alice Bailey is referring to the New Group of World Servers under Ray VII using “Words of Power” as a group.

“This is the major task today of the seventh ray disciple, and to his end he must bend every energy. He must speak those Words of Power which are a group word, and embody the group aspiration in an organized movement, which, it will be noted is quite distinct from an organization. A striking instance of the use of such a Word of Power being enunciated by a group has lately been given in the Great Invocation, which has been used with marked effect. It should continue to be used, for it is the inaugurating mantram of the incoming seventh ray. This is the first time such a mantra has been brought to the attention of humanity”.

Even at the eve of the spiritual return when we drop the clothes of the old wardrobe the word goes forth to cause the shift. Some times in our work we are called to be present when the word comes forth. In the channeled words of Djwhal Khul in Alice Bailey’s Esoteric Healing, it is made clear. LAW X;

“Hearken, O Disciple, to the call which comes from the Son to the Mother, and then obey. The Word goes forth that form has served its purpose. The principle of mind then organizes itself and then repeats the Word. The waiting form responds and drops away. The soul stands free.”

So make sure the words you greet and farewell your clients with create trust and safekeeping. The Light will shine and the healing will carry on.

I would like to leave you with healing words from a very reverent grandmaster, teacher and healer among us, Dr. Zhi Gang Sha, who defines himself as a divine servant to

humanity. He has written a “Soul Power Series” of books that give us explicit directions that have been given to him by the Divine to share with us on how to heal virtually anything in our lives. I will share with you 3 key healing phrases he says will work to heal anything; “God’s Light”, “Chi flows”, and “Divine heals”. He recommends 3 to 5 minutes, 3 to 5 times a day. He offers one simple three-word chant that he states the Divine has ordained to heal Us, Humanity, Mother Earth and All Universes! I am passing this along in hopes that we may all use the power of these magic healing words and unite.

References:

Bailey, A.A. (1953) Esoteric Healing, Lucis Publishing

Bailey, A.A. (1942) Esoteric Psychology II, Lucis Publishing

Sha, Zhi Gang (2009) Divine Soul Mind Body Healing and Transmission System, Heaven’s Library Publication

Theresa I Berry’s study of metaphysics and the occult have been an intricate part of her life since she was young. In 1998, due to her own health difficulties, she was guided to natural remedies and forms of healing. This lead her to energy healing, specifically Polarity Therapy. Finding great relief fueled the fire of passion for healing herself and helping others. Following her path she became an ordained spiritualist minister in 2002. Still hungry for more, she began studying Esoteric Healing, became certified in 2013 and is currently continuing her education to the upper levels. She has a love and understanding of the crystal and stone kingdom, which assists her in her healing work that is often sent from a distance. She employs Wholistic Manual Medicine Therapy, Hypnotherapy, spiritual counseling, personal empowerment guidance, and past-life journeying in her healing practice.

This article was originally published in the Spring Edition of the 2007 Lifestream Journal.



A Member's Only Event: Dr. Barbara Briner's Presentation of "The Solar Plexus: Pathway to the Heart"



NAEH is hosting a free NAEH Member Only Online Event on Wednesday, October 23, from 7:00-8:30 pm ET. Together we will be viewing the 2018 Conference video of Dr. Barbara Briner's presentation on "Solar Plexus – Pathway to the Heart." In this video, Dr. Briner shares information on the Solar Plexus and Heart Center connection, the Spark of the Divine (Atma, Cosmic Heart) located in the Heart Center of the Buddhic sheath, Agape, Grace, and Blessings. A handout for this presentation will be provided.

This event will happen on Zoom and NAEH members must complete a registration form to receive the email invitation with the Zoom link and the corresponding handouts. You must attend this event to view this video. This will be the only free viewing of this video. It will not be recorded, available for downloading, or offered to view again later.

Be sure to renew your membership prior to October 22nd to receive the registration link to participate.

If you currently are not a member of NAEH, you may complete an application for membership no later than October 22nd to receive the registration link and handouts.

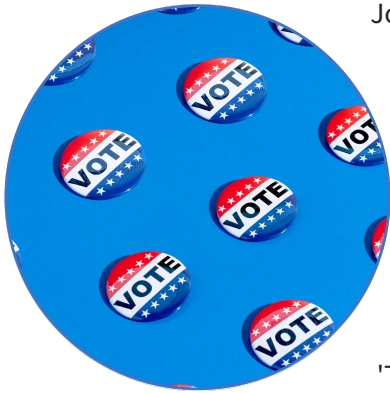
NAEH Members: [CLICK HERE](#) for the registration link for this Members Only event.

Non-Members: [CLICK HERE](#) to complete an application for membership. After you complete your application, then click on the NAEH Members registration link for this event.

If you have questions or need assistance with your application or registration, please contact Suzie by email at info@naehonline.org or call 517-898-0271. The NAEH Membership Committee looks forward to seeing you at this event.



A Special Group Meditation on the Eve of US Election Day



Join us for a special group meditation on Monday, November 4th from 7:00 to 7:30 pm ET.

This is the eve prior to the elections in the US. Let us join together in Service to create a space for peace, grace, love, light, and blessings to stream into the hearts and minds of mankind.

Watch for the Zoom link in an email, and on Facebook, to join this group meditation and please share it with others you think will also want to join us.

'The only thing necessary for the triumph of evil is for good *souls* to do nothing.' — a slight variation of a quote attributed to Edmund Burke.

NAEH Monthly Meditations - Group Work!

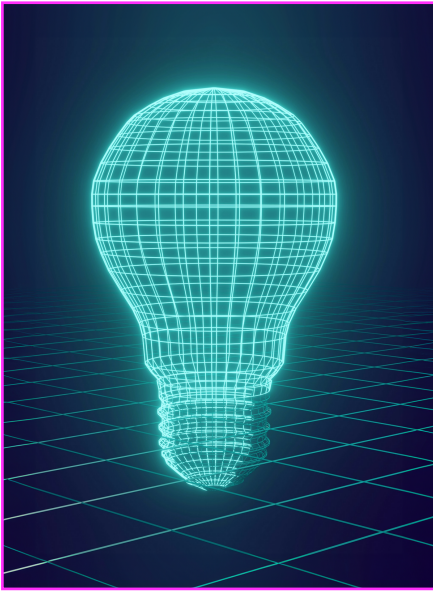


The NAEH Monthly Meditations continue to take place on the 1st Tuesday of the month at 5:00 PM Pacific Time, 8:00 Eastern Time.

Over the past several months, we have been blessed by meditation leaders who guided us in the way of Alignment and Group Work. As a community, we have sent Light to each other, to the NAEH, to Esoteric Healers around the globe, to planet Earth and to all the kingdoms.

Come join us in this wonderful, Life-and Light-enhancing form of group work. And if you feel the “divine nudge” to lead a meditation, please contact Constance McCloy at info@naehonline.org.

The New NAEH Digital Strategy Committee



We're excited to announce the creation of the NAEH Digital Strategy Committee, and we want YOU to be a part of it! We're looking for passionate, creative, and tech-savvy individuals to volunteer to help us bridge the gap between science and spirituality through innovative digital efforts.

Do you have expertise in digital project management, information technology solutioning, business applications technology, business analysis, requirements gathering, or user and AI content generation? Or perhaps your strengths lie in social media, email marketing, website design, content creation, blogging, podcasting, or other digital realms?

This is a fantastic opportunity to volunteer and leverage your professional skills in a fun, dynamic environment while contributing to a cause that unites science and spirituality. Not only will you make a meaningful impact, but you'll also be part of an inspiring community, shaping the future of NAEH's digital landscape.

What We're Looking For:

- Digital Project Managers
- IT Solution Architects
- Business Analysts
- AI & Content Creators
- Website Designers & Developers
- Social Media Strategists
- Email Marketing Pros
- Bloggers, Podcasters, and Content Creators

Why Join?

- Make a real impact by advancing our mission to harmonize science and spirituality.
- Collaborate with like-minded professionals and experts.
- Develop and grow your skills in a rewarding, supportive environment.
- Help shape the future of NAEH's digital and operational strategies.

Whether you're an expert in information technology, digital marketing, or simply passionate about using technology for a greater cause, we'd love to hear from you! Let's create something extraordinary together!

If you're interested or know someone who'd be a great fit, contact us directly at info@naehonline.org.

Our 2nd Annual Membership Kick-Off Party

The NAEH hosted the second annual online Membership Kick-off Party on Monday, August 26, 2024. Twenty-two people attended and as always it was fun connecting with one another. The ZOOM gathering is intentionally kept to 45-minutes to share updates on the organization and give attendees the opportunity to ask questions directly to the members of the Board of Directors as we begin the annual membership renewal period on September 1st.

We shared that your membership in NAEH remains unchanged: the digital journal is included with membership and the printed version is available for an additional charge; memberships renew each year on October 1st. Diane Rolka offered a wonderful overview of the first in-person retreat held in August at the Weber Retreat Center in Adrian, Michigan. Kathleen Hautala updated on the Esoteric Group Healing work: there are several active groups, anyone interested in starting a group, or joining an existing group, please reach out to the office and you'll be connected.

There will be two free Member's Only events. Both events will be held via Zoom and information on participating will be emailed to members:

[The Solar Plexus: Pathway to the Heart](#) with Dr. Briner, 7:00pm ET on Wednesday, October 23, 2024

[Neuro-Cranial Videos](#) with Dr. Briner, 10:00am ET on Saturday, January 25, 2025

And for those who stayed until the end – there were prizes! A \$25 gift card went to Cathy Hicks, a one year NAEH/INEH printed journal went to Dianne Ulibarri, and a new NAEH t-shirt went to Nina Ryan! Many thanks those who joined us!

Find a Practitioner Page

NAEH would like to share with you a new feature as listed on the Find a Practitioner page. For practitioners that have listed their contact information on the naehonline.org website, we have added an additional option that notifies readers that you are accepting new clients for Esoteric Healing.

If you are interested in selecting this feature, you simply have to login to your profile on naehonline.org, click on edit profile, scroll down to the "Accepting New Clients" option and click on "Yes". Then scroll up to the top of the page and click on "Save Profile" so that it will update your information. Please note that this is something that practitioners will have to self-regulate so at any time, if you are unable to accept new clients, you simply have to take these same steps (as listed above) and choose the option of "No" and save on your profile.

If you choose not to select either option, your Profile will still be available under all of the other search criteria as listed and chosen on your profile.

The NAEH Certification Committee believes that this will be helpful for your future clients that may look at the Practitioner page.



*“The universe is not outside of you.
Look inside yourself;
everything that you want,
you already are.”*

~ Rumi

May the force always be with you,
from the NAEH Publications Committee.

