



The National Association for Esoteric Healing
www.naehonline.org

Introduction to Esoteric Healing – Part 1

Online Philosophy Class: October 26 – November 13, 2024

Online Practical Application Class: November 15, 16, 17, 2024
Friday, Saturday, Sunday

Times: 9:00 am – 5:00 pm **Eastern Time Zone**

Pre-requisite: None

Preview Class Calendar: [Click Here](#)

Preview Class Assignments: [Click Here](#)

Short Video to view the Online Class Experience: [Click Here](#)

Cost: \$495 (\$375 for repeat students)

- The Part 1 manual will be available for you to download and print for your class on the date your class begins.
- When you register for the class you will have the option to pay an extra cost of \$20 if you would like me to print, punch holes for your 3 ring binder, and mail you your manual.

Registration: [Click Here](#) to register and pay online.

Please contact Bonnie at bonnie@bonniedysinger.com or call 517-281-1706 PT if you have any questions.

Requirements for Online Practical Application class:

- Be comfortable with the concept of healing at a distance
- Dependable high speed internet to be on Zoom
- Video camera for your Zoom connection (We need to be able to see each other!)
- Free Zoom software download

Esoteric Healing is the process of healing through the energy field by exercising sound judgement in the use of energy, applied with love and science. Esoteric means to understand something on a deeper level. There is an active, invisible energy field that surrounds and permeates the bodies of all living beings; we know this field as our aura. With training and practice we can learn to sense and facilitate a balance in this energy field.

When our energy flows, our body knows how to heal itself. Esoteric Healing helps to facilitate a balanced flow of energy to promote healing according to the Will of the Soul on the physical/etheric, emotional, mental, and spiritual levels.

This class is the first in a series of four classes that teach the principles and techniques of Esoteric Healing to assess and balance the physical/etheric, emotional, mental, and spiritual bodies.

Please come join us and learn how Esoteric Healing differs from other energy healing modalities with our alignment and attunement process; healing done according to the will of the soul; balancing of energy triangles within the energy field; the importance and use of the Ajna in balancing energy; and much more!

[Click Here](#) to see how Esoteric Healing differs from other energy healing modalities by watching a few short videos.

The Online Philosophy Class focuses on the Philosophy of Esoteric Healing; the science of healing through the energy field utilizing spiritual healing principles.

This class includes an introduction to the chakras, their association with the endocrine glands and various body organs and systems, and their psychological contributions. Students learn how to align and attune with the soul, and exercises to practice sensing energy. The online class includes some basic anatomy, an introduction to meditation, a deeper understanding of the cause of dis-ease, and the evolvment of soul consciousness. This online class consists of video lectures, assignments, and quizzes. 22 short videos (7 hours total) of online class content have been created with the specific focus to enrich student comprehension. This online course serves as preparation for the online Practical Application experiential class to begin learning the practical application of Esoteric Healing.

The Online Practical Application experience is where you learn the practical application of Esoteric Healing – how to actually do Esoteric Healing. This class for the practical application of Esoteric Healing authenticates the philosophical study. Students are expected to come prepared with the knowledge learned in the pre-requisite online class that covers the Philosophy of Esoteric Healing. In this class students learn the practical application of their alignment and attunement with the soul, how to create energy triangles within the energy field, how to assess and balance the physical/etheric, emotional, mental, and spiritual energy fields of the chakras/centers and of the organs and systems learned in the pre-requisite; how to use their Ajna as the motivator for a change in the energy field; and much more! Students also learn how to apply this hands-off technique as an absentee/distance energy healing modality, as well as using it on one's self and animals. There is a lot of student to student practical application in the classroom. The process of giving and receiving Esoteric Healing is transformative!

After class you will leave able to assess and balance the physical/etheric, emotional, mental, and spiritual bodies of your client or yourself based on a written protocol provided;

begin to have a better understanding of you as a spiritual being and the progression of your soul; and look forward to attending the Part 2 class!

Who should take this class? This class is highly suggested for counselors, psychologists, nurses, energy healing practitioners, and those who want to deepen their spiritual practice. It is also open to all who feel drawn to the class. No prior knowledge is required.

Instructor: *Bonnie K. Dysinger M.Sc, CPEH, CHHP, C.Ht., is an energy healing facilitator specializing in the techniques and philosophy of Esoteric Healing. She is a Certified Practitioner and Accredited Teacher for Esoteric Healing. As a Professional Member of the National Association for Esoteric Healing, Bonnie has published articles in the NAEH Lifestream Journal relating the physical anatomy to the chakras with suggested healing protocols. Bonnie is located in Benicia, CA. Read more about Bonnie on her website at www.bonnedysinger.com.*