

## **The Dura – Part 2 with Nell Weast MPT, CFMM, CPEH**

**Date:** Saturday, January 20, 2024

**Time:** 11:00 am – 1:00 pm ET

**Location:** Online Zoom Event

**Cost:** \$25 for NAEH Members (\$80 value)  
\$50 for non-members



### **Pre-requisites:**

- Esoteric Healing Part 1
- Dura 1 from the 2023 NAEH Conference (either by attending the conference or watching the conference videos).
- Further details are available on the Deepening Class registration form.

Zoom link and hand outs will be emailed the day before class is to begin.

**Nell Weast, MPT, CFMM, CPEH** has been a manual physical therapist for 25 years. She eventually became Certified in Functional Manual Medicine with Michigan State College of Osteopathy, placing her in the top 5% of physical therapists trained in manual medicine. As part of her graduate work, she developed her cranial osteopathic skills (cranial sacral therapy) under the direction of Dr. Barbara Briner. Nell continued her bioenergy studies with Dr. Briner and Bonnie Dysinger. She became a Certified Practitioner of Esoteric Healing in 2022.

One recent accomplishment to share is her development and implementation of a pre-employment screen that drastically reduced the workplace injuries at her hospital this past year. The program identifies faulty movement patterns in employees that may be a cause for future injury. With this information, the hospital was able to educate and optimize the job to the employee reducing injury risk. Of interest, the predictable faulty movement patterns have roots in the dura system.

Nell works full time in an outpatient clinic infusing her manual and energy medicine to address a myriad of diagnoses in the clinic. She specializes in headaches, TMJ, cervical and spine pain. She has found bioenergy enhances her manual skills and is often a turning point in their self-care. Nell is excited to share what she has learned with you. PEACE